ldltM @)&#.)^.@)

æ;'vb eljiosf nflu ;jf]{Qd pkfo g} art xf]Æ

Go" hfu[lt jrt tyf C0f ;xsf/L ;+:yf ln=bds–!!, emfkf

**cf=j= )&@÷)&# sf] n]vf ;ldltsf] tkm{af6 k|:t't k|ltj]bg**

o; ul/dfdo rf}yf] jflif{s ;fwf/0f ;efsf cWoIfHo", k|d'v cltlyHo", cfdlGqt cltlyHo"x?,;~rfns ;ldlt, ljleGg pk–;ldltsf kbflwsf/LHo"x?, ;Nnfxsf/ ;b:oHo"x?, kqsf/Ho"x? ;fy} o; ;+:yfsf ;Dk"0f{ z]o/ ;b:oHo"x? tyf cxf]/fq vl6 ;+:yfnfO{ hLjGt agfpg] ;+:yfsf Joj:yfks Pjd\ sd{rf/L k|lt n]vf ;ldltsf] tkm{af6 xflb{s cfef/ JoQm ub{5f}+ .

cl3Nnf] ;fwf/0f ;efsf] lg0f{o cg';f/ ;+:yf rn] grn]sf] , ;fwf/0f ;efsf lg0f{ox? sfof{Gjog eP gePsf] , ;+:yfn] cfkm\gf] clwsf/ If]q leq /xL sfo{ u/] gu/]sf] cflbsf] af/]df lgoldt a}7sx? a;L ;+:yfsf laleGg s[ofsnfk cg'udg tyf ;'kl/a]If0f ;fy} ;~rfns ;ldlt / laleGg pk–;ldltsf lg0f{o sf ;fy} sfo{x? l6kf]6 x]/L To;}sf] cfwf/df of] k|lta]bg tof/ ul/Psf] 5 .

of] ;+:yf tyf ;Dk"0f{ z]o/ ;b:ox?k|lt pQ/bfoL x'b} cf=a= @)[&@.)&#](mailto:&@.)&) e/L ;+:yfn] u/]sf ;a} lalQo ;fy} cGo sfo{x?sf] ;s];Dd ;'Id cWoog , lgl/If0f tyf cg'udg ul/ tof/ kfl/Psf] of] n]vf k|lta]bg o; ;Ddflgt ;efdf k]z ug]{ cg'dlt dfUb5' .

pkl:yt dxfg'efjx?,

ca d oxf“x? ;dIf cf=j= )&@÷)&# sf] ljQLo d"Nof+sg tyf rfn" cfly{s jif{sf nflu cfjZos /fo k|:t't ug{ d cg'dlt dfUg rfxG5' .

**!=a}7s / pkl:yltM** ;+:yfsf] ;+rfns ;ldlt, C0f pk–;ldlt, lwtf] d"Nofª\sg pk–;ldltsf] a}7s lgoldt a;]sf] kfOof] .

**@= ef}lts cj:yfM** ;+:yfsf] sfof{no km/flsnf @ j6f sf]7f, % j6f sDKo"6/,k|LG6/, clkm; gf]l6; af]8{ , kof{Kt 6]an, d]rsf ;fy} ef}lts k"af{wf/ ;lxt ;~rfngdf /x]sf] 5 .

**#=cl3Nnf] ;fwf/0f ;efsf] lg0f{ox?sf] sfof{Gjogsf] cj:yf**

**s\_** z]o/ k'FhL tyf z]o/ ;b:otf a[l¢, s'n cfDbfgLdf a[l¢ h:tf nIox? hlt k|ult gePtf klg ;Gtf]if hgs /x]sf] b]lvG5 .

v\_ art a[l¢ ,a}saf6 k|fKt ug]{ Aofh, sfof{no Aoa:yfkg z'Nsaf6 k|fKt cfDbfgL / sf]ifsf] /sddf s]lx a[l¢ ePsf] b]lvG5 .

**$=**cf=a=@)&@.)&# df n]vf ;ldltsf] % j6f cf}krfl/s a}7s cfkm\gf] ;+of]hsdf / @ j6f a}7s ;+rfns ;ldlt ;+u ;xefuL eO{ n]vf ;ldltsf /fo tyf ;'emfax? k|:t't ul/of] . ;+rfns ;ldlt , lwtf] d'Nofª\sg pk—;ldlt,sfo{of]hgf pk—;ldlt,;Nnfxsf/ / C0f pk—;ldltsf] a}7s al; lg0f{ox? u/]sf] kfOPtf klg lzIff tyf :jf:Yo pk—;ldlt / ;Nnfxsf/ pk—;ldltsf] /fd|/L kl/rfng ePsf] kfO{Pg .

**%=C0f nufgL ;DaGwdf M** C0f nufgL ubf{ ;+:yfn] cfkm\gf] C0f nufgL gLlt cg'?k g} k|s[of k'¥ofP/ lwtf] /fv]/ C0f nufgL u/]sf] kfOof] .

**^=**;+:yf ;xsf/L laefu, l8lehg ;xsf/L sfof{no, ;xsf/L P]g tyf ;xsf/L lgodg ;DalGw dfkb08 @)^\* sf] lgb]{zg cg';f/ ;+rflnt /x]sf] kfOof] / sltko s'/fx? kfngsf] l;nl;nfdf /x]sf] cjut u/fpg rfxG5' .  **M**

**&=cfDbfgL / vr{ M**

dfly pNn]lvt ljj/0f cg';f/ cf=j= @)^(÷)&) sf] t'ngfdf cf=j= @)&)÷)&!,@)&!÷)&@ df s"n cfDbfgLdf a[l4 ;fy} s'n vr{df klg j[l4 ePsf] kfOG5 . To;}u/L o;af6 ;+:yfsf] cf=a=@)&@.)&# vr{sf] a[l4b/ Go"g ePsf] b]lvG5 eg] cfDbfgLdf a[l4 ePsf] 5 . o; tYon] ;+:yfsf] lg/Gt/ k|ult eO/x]sf] b]lvG5 .

**\*=;+:yfsf ;jn kIfx?**

**s\_** ;+:yfsf ;Dk"0f{ lx;fa lstfax? b}lgs ?kdf Snf]lhË ul/ vftf tyf sDKo'6/ b'a} k|0ffnLdf /flvg' .

v\_ ;+:yfsf dxTjk"0f{ lg0f{o k|s[ofdf ;+rfns ;ldlt , n]vf ;ldlt , ;Nnfxsf/ ;ldltx? / laleGg pk;ldltsf] ;+o'Qm a}7s al; lg0f{o ul/g' .

u\_ n]vf kl/Ifs tyf n]vf ;ldltsf ;'emfax? kfngf ub}{ n}hfg' .

**;'wf/ ug'{ kg]{ kIFx? M**

!=efsf gf3]sf] C0f cz'nLdf lta|tf lbg' kg]{ .

@=p7\g g;Sg] C0f eP ;f]sf] klxrfg ul/ ;xsf/L dfkb08, lalgod tyf lgltsf] kl/lwdf /lx k|s[ofsf] ;fy lx;fa ldnfg u/L r'Qf ul/g'kg]{ .

#=z]o/ k'“lh , art tyf cGo sf]ifx?sf] cj:yf s]xL sdhf]/ /x]sf] x'“bf a[l¢ ug{ tTsfn gof“ sfo{qmdx? Nofpg' kg]{ .

$=;+:yfsf ;+k"0f{ ;]o/ ;b:ox? , ;+rfns ;ldlt ,n]vf ;ldlt / cGo pk—;ldltx? aLrdf kl/rofTds sfo{qmd /flvg' kg]{ .

%= ;]o/ ;b:ox?aLrdf ;+:yfsf] efaL /0flglt tyf zxsf/L lzIff / lgod cflbsf] af/]df cled'lvs/0f sfo{qmd ;+rfng ul/g' kg]{ .

**(=cfGtl/s n]vf k/LIf0fM**

cf=j= )&@÷)&# sf] cfGtl/s n]vf k/LIf0f sd{rf/Lx?sf] ;xof]udf ;DkGg eof] . ;+:yfsf ;Dk"0f{ lx;fa, lstfa r':t b'?:t 5g\ . sDKo"6/ k|0ffnL / vftfkq k|0ffnLdf b'a}tkm{ lx;fa lstfa /flvPsf] 5 . ctM cf=a= ;dflKt ePsf] !% lbgkl5 g} n]vfk/LIf0f ;dfKt x'g'n] ;+:yfsf] ;du| sf/f]af/ :ki6 5 eGg] k'li6 ub{5 .

of] ;+:yf xfn;Dd xfdL ;a}sf] lhDd]jf/L, ;Nnfx, ;'emfj ;fy} ;xof]uaf6 oxf“;Dd cfOk'u]sf] 5 . cfp“bf lbgx?df klg ;+:yfn] cfly{s, ;fdflhs / ;f+:s[lts If]qdf b|'t ultdf km8\sf] dfg{sfnflu ;Dk"0f{ z]o/ ;b:ox?, sd{rf/Lx?sf] ;fy tg, dg / wgsf] vf“rf] cf}Nofp“b} cf–cfkm\gf] lhDd]jf/L k"/f ug{sf nflu ;Dk"0f{ ;DalGwt ;ldlt, pk–;ldlt Pjd\ sd{rf/L ju{x?df hf]z / hf“u/sf ;fy pTk|]l/t eO{ sfo{ ug{sf nflu xflb{stfsf ;fy cg'/f]w ub}{ ;kmntfsf nflu wGojfb 1fkg ub{5' .

cGTodf cfd g]kfnLx?sf] dxfg rf8ka{? a8fbz},lbkfjnL / 57 cflbsf] kfjg cj;/df pkl:yt cltly Ho"x? , z]o/ ;b:oHo"x? tyf ;Dk"0f{ g]kfnLx?df ;'v , zflGt tyf pQ/f]Q/ k|ultsf] xflb{s d+undo z'e–sfdgf AoQm ub{5f} .

wGoafb, ho ;xsf/L .

**n]vf ;ldtL**

**;+of]hs M** kml0fGb| s'df/ zdf{

Go" hfu[lt jrt tyf C0f ;xsf/L ;+:yf ln=bds–!!, emfkf