BIODATA

Name: Arun Kumar Shrestha

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Marital Status: Married Date of Birth: 01/24/1972

Nationality: Nepali Sex: Male

Research Gate Score: 5.8 Age: 53

Academic Qualification

S	Degree	Institute	Completed	From	Division
N			Year		
1	School Leaving	Himalaya Higher Secondary	July1989	SLC Board Nepal	First
	Certificate	School			
2	Intermediate of	Dharan Campus	June 1993	Tribhuvan	Second
	Science			University	
3	Bachelor of	Amrit Science Campus	May 1995	Tribhuvan	Second
	Science			University	
4	Master of	Central Department of	March 1998	Tribhuvan	First
	Science	Physics		University	
	(Physics)				
6	MPhil by	Department of Natural	March 2015	Kathmandu	Distinction
	research in	Science, School of Science		University	
	physics				
7	Ph.D.	Central Department of	2025	Tribhuvan	
		Physics		University	

Work place:

• Damak Multiple Campus, Damak, Jhapa, Nepal

Grants received:

SN	Grant Received	Donor	Amounts
1	MPhil Fellowship Grant on 2013	UGC Nepal	50,000/
2	Travel Grant for India from UGC Nepal on 2013	UGC Nepal	20,000/
3	National Workshop on Active Learning in Optics	UGC Nepal	1,00,000/
	and Photonics (ALOP-2016)" from 16-20 June,		
	2016		
4	National Workshop on Mathematical Modeling	UGC Nepal	1,50,000/
	and Scientific Computing with Differential		
	Equations on 17-21 June, 2017		
5	Training Course for Physics Teachers to Introduce	UGC Nepal	150000/
	Nuclear Science and Technology in Secondary		
	School 19-23 June 2022		
6	Small Research Development and Innovation	UGC Nepal	1,40,000/
	Grants-SRDIG on "Electrical conductivity of		
	different sources of water with temperature and		
	concentration of impurities". (2016)		
7	The Assessment of Groundwater Quality of	Office of Damak	2,80,000/
	Damak Municipality, Nepal	Municipality	
8	Ph.D. fellowship Grants from University Grants	UGC Nepal	9,00,000/
	Commission Nepal. PhD-078/79-S&T-13		

Research Interest:

- Surface modification of polymer
- Plasma diagnostics
- Water quality analysis
- Solar radiation
- Environmental radiation

Memberships:

- Life membership of Plasma Science Society of India
- Life membership of the Plasma Science Society of Nepal

• Life membership of the Nepal Physical Society

Training and conference participation:

- Oral presentation in International Conference "Nuclear Education to Achieve Sustainable Development Goals in Nepal" organized by Makawanpur Multiple Campus, Hetauda from 10-12 May, 2025
- Oral presentation on First SMC International Conference "Evaluation of natural radioactivity and radiological hazards associated with Nepalese cement" organized by Sukuna Multiple Campus from 19-20 April, 2025
- Participation in online training on "Environmental Radioactivity Monitoring and Its Impact for Health Risk Assessment" organized by Dr. B. R. Ambedkar National Institute of Technology, Jalandhar, Punjab, India, from 06-10 January 2025.
- 4. Oral presentation in the **28**th **International Conference on Nuclear Tracks and Radiation Measurements** that Gurugram University, Delhi organized from November 6-10, 2023.
- 5. Oral and poster presentation at **Ph.D. Festival 2023** organized by the Institute of Science and Technology, Tribhuvan University, at the University Campus, Kirtipur, from 9-10, October 2023.
- 6. Participation in the training program on the topic "3rd International School of Radiation Research" that was organized by Sri Ramachandra Institute of Higher Education and Research in Chennai, India on 22-23 September 2023
- 7. Participation in an online faculty development training program on the topic "**Principles of Radiation Detection and Measurement and Experimental Techniques**" organized by IQAC, Ramjas College, University of Delhi, from 3–9 April 2023.
- 8. Poster presentation in the 1st International Conference on Radiation Awareness and Detection in Natural Environments (REDNET-IV) held in Dehradun, India from March 2-4, 2023.
- 9. Participation in the workshop organized by South Asia Center for Medical Physics and Cancer Research (SCMPCR HW 06) held in Dhaka, Bangladesh, from 115-18 February 2023.
- 10. Poster presentation in the 5th Asian Congress of Radiation Research (ACRR) held in Mumbai, India, from November 17-20, 2022.
- 11. Participation in the **third national conference on Radiation Awareness and Detection in Natural Environment** held in India from March 18-20, 2021.
- 12. Participate in the **regional training course for teachers to introduce nuclear sciences in secondary school through innovative approaches** in Chicago, USA from August 20-31, 2018.

- 13. **Oral presentation** on Correlation and regression analysis of physic-chemical parameters of river water for the evaluation of percentage contribution to electrical conductivity in the **International chemical congress (ICC2018)** during March 08-10, 2018 at Sauraha, Chitawan, Nepal.
- 14. Participation on "International Workshop on Research Trends in Synthesis, Characterization and Application of New Materials" on 24th October 2016, Biratnager, Nepal.
- 15. Four-day **Orientation Programme of Fourth Year of Four-Year BSc course on Physics** organized by IOST, TU from July 31 to August 3rd 2015 at Hetauda, Nepal.
- 16. Poster presentation on "29th National Symposium on Plasma Science and Technology and International Conference on Plasma and Nanotechnology" during December 8-11th, 2014 at Kottayam, Kerala, India.
- 17. **Oral presentation** on Influence of Discharge Voltage and Pressure on the Plasma Parameters in a Low pressure DC Glow Discharge in the **International Conference on Plasma Science and Application (ICPSA2014)** during September 22-24, 2014 at Kathmandu University, Nepal.
- 18. Participation on Numerical Experiment Workshop (Research) on Plasma Focus (NEW PF **2014**), Kathmandu University, Dhulikhel, Nepal on 21 September 2014.
- 19. Participation on 2-days training on Latex held on Kathmandu University from 5-6th June 2014 in Nepal.
- 20. Poster presentation on National Symposium on Emerging Plasma Techniques for Materials Processing and Industrial Applications (N-SEPMI 2014), jointly organized by Power Beam Society of India and Department of Physics University of Pune from 13-15th February, 2014 in India.
- 21. Poster presentation on 28th National Symposium on Plasma Science and Technology (Plasma-2013) jointly organized by KIIT University and Plasma Science Society of India from December 3-6th, 2013 in India.
- 22. Seminar on "The Numerical Experiment Workshop on Plasma Focus (NEW PF 2013)" held on KU, Dhulikhel, Nepal on September 27 October 02, 2013.
- 23. Participation on 2nd PSSI Plasma Scholars "Colloquium and National Workshop on plasma Devices Technology", 22-24th July 2013, Pilani, Rajasthan, India.
- 24. Participation on "**Modern Trends in Science and Technology**" from December 28 29, 2012, at Biratnagar, jointly organized by Research Council of Science and Technology, Nepal Physical Society, Eastern Chapter and Nepal Biological Society.
- 25. Workshop cum training on research methodology, 31 May to 6th June 2010, Damak, Nepal.
- 26. Third regional School on Astronomy and Astrophysics, 8-12th February 2011, Bhadrapur, Nepal.

- 27. Summer school on **mathematical modeling and scientific computing with differential equation**, 24-28th September, 2012, Dhulikhel, Nepal.
- 28. International seminar of solar photovoltaic system, 11-12th December 2011, Dhulikhel, Nepal.

Publications

- [1] **A.K. Shrestha** (2020)" Correlation between Global Solar Radiation and Air Temperature in Damak, Nepal " *Damak Multiple Campus Journal*, 8(1), 23-29.
- [2] B. Koirala, R. Ghimire and **A.K. Shrestha** (2020) "Evaluation of Water Quality Index and Physico-Chemical Analysis of Ratuwa River of Damak in Dry Season "*Damak Multiple Campus Journal*, 8(1), 74-84.
- [3] **A.K Shrestha**, A. Thapa, and H. Gautam (2020) "Solar Radiation, Air Temperature, Relative Humidity, and Dew Point Study: Damak, Jhapa, Nepal" *International Journal of Photoenergy* Vol.2019, Article ID 8369231, 7 pages, https://doi.org/10.1155/2019/8369231
- [4] R Ghimire, A Mandal, **A.K. Shrestha** (2019) "Comparative Study of Water Quality Index Value of Different River of Damak, Jhapa, Nepal" *IJRRR*, *XII*(1).
- [5] **A.K. Shrestha**, N Basnet (2018) "The Correlation and Regression Analysis of Physicochemical Parameters of River Water for the Evaluation of Percentage Contribution to Electrical Conductivity" *Journal of Chemistry* Volume 2018, Article ID 8369613, 9 pages. https://doi.org/10.1155/2018/8369613.
- [6] **A.K. Shrestha**, N Basnet (2018)"An Evaluation of Physico-chemical Analysis and Water Quality Index of Ratuwa river of Damak, Jhapa, Nepal" *IJRRR*, *XI*(2).
- [7] **A.K. Shrestha**, N Basnet, C K Bohora and P Khadka (2017, September) "Variation of Electrical Conductivity of the Different Sources of Water with Temperature and Concentration of Electrolyte Solution NaCl" *IJRRR*, *X*(3), 24-26.
- [8] R Shrestha, **AK Shrestha** and DP Subedi (December 2016) "Optical and Electrical Characterization of Low Pressure DC Glow Discharge" *IJRRR*, *IX*(4), 42-47.
- [9] S. Dhungana, B. S. Dotel, **A.K. Shrestha**, R. Shrestha, H. B. Baniya and D. P. Subedi (2016, December) "Surface Treatment of Polycarbonate by Atmospheric Pressure Discharge (APDBD) Using 50Hz Power Supply" *IJRRR*, *IX*(4), 17-20.
- [10] **A.K. Shrestha**, (2016, December) "A Survey of Access of Computer and Mobile Technology Among the Students of Class XI (2071) of Damak Multiple Campus" *DMC Journal* 6(2), 67-71.
- [11] H. B. Baniya, R. Shrestha, A. Shrestha, S. Shrestha, J. P. Gurung, **A. K. Shrestha**, and D. P. Subedi (2014, December). "Surface Modification of Polycarbonate by Atmospheric Pressure Cold Argon/Air Plasma Jet" *KUSET*, *10*(2), 13-16.

- [12] **A.K. Shrestha**, H. B. Baniya, S. Shrestha and D. P. Subedi (2014, December). "Langmuir Double Probe for Plasma Parameters Measurement' *KUSET*, *10*(2), 6-12.
- [13] **A.K. Shrestha**, B. S. Dotel, S. Dhungana, R. Shrestha, H. B. Baniya, U. M. Joshi, D. P. Subedi (2014, November). "Surface Modification of Polycarbonate Using Mesh Electrode at Atmospheric Pressure Discharge at 50Hz" *KUSET*, *10*(1), 15-19.
- [14] **A.K. Shrestha**, R. Shrestha, H. B. Baniya, R.B.Tyata, D. P. Subedi and C.S.Wong (2014, June). "Influence of Discharge Voltage and Pressure on the Plasma Parameters in a Low Pressure DC Glow Discharge" *International Journal of Recent Research and Review, VII*(2), 9-15.

Publications during Ph.D. Work

International Journals

- 1) Shrestha, A.K., Shrestha, G.K., Shah, B.R., & Koirala, R.P. (2024). Assessment of radioactivity and radiological hazards associated with bricks in eastern Nepal. Heliyon 10(2), 1-7. https://doi.org/10.1016/j.heliyon.2024.e24844
- 2) Shrestha, A.K., Shrestha, G.K., Shah, B.R., & Koirala, R.P. (2024). Assessment of radioactivity in sand samples from eastern Nepal in perspective of radiological hazards. Radiat. Prot. Dosim., 200 (5), 429-436. https://doi.org/10.1093/rpd/ncad324
- 3) Shrestha, A.K., Rai, M., Pokhrel, J., Karki, S., Poudel, D., Karki, S., Niraula, S., Shrestha, G.K., Shah, B.R., & Koirala, R.P. (2023). A preliminary assessment of spatial variation of water quality of Ratuwa river. PLoS ONE 18(5), e0285164-13pp. https://doi.org/10.1371/journal.pone.0285164
 4) Shrestha, A.K., Shrestha, G.K., Shah, B.R., & Koirala, R.P. (2023). Evaluation of natural radioactivity and radiological hazards associated with Nepalese cement. J. Radioanal Nucl Chem, 333, 2821-2829. https://doi.org/10.1007/s10967-023-09124-8

National Journals

- 1) Karki, D., & Shrestha, A.K. (2024). An Analysis of the Groundwater for Irrigation Purpose of Morang, Nepal. DJNSI 3(3), 316-333.
- 2) Shrestha, A.K., Rustagi, J., Khatiwada, A., Bhandari, N., Budhathoki, H., Niraula, S., Shrestha, G.K., Shah, B.R., & Koirala, R.P. (2023). Comparative Study of Drinking Water of Three Different Schools of Damak, Jhapa. Damak Campus Journal, 12(1), 1-5. https://doi.org/10.3126/dcj.v12i1.66786
- 3) Shrestha, A.K., Limbu, S., Baral, N., Magar, M., Limbu, A., Shrestha, G.K., Shah, B.R., & Koirala, R.P. (2023). An exposure to natural background radiation in eastern Nepal. Damak Campus Journal, 11(1), 1-7.

4) Shrestha, A.K., Nepal, R., Shrestha, K., Regmi, D. Shrestha, G.K., Shah, B.R., & Koirala, R.P. (2023). Measurement of background radiation in Jhapa, Ilam, Panchthar, and Taplejung districts of Nepal. Bibechana, 20(3), 285-289. https://doi.org/10.3126/bibechana.v20i3.57882